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Reasons and Ways to Improve Your Speaking Voice

Reasons:

1. A good speaking voice lets you connect emotionally with your listener on a deeper level.
2. A good voice makes you more compelling and convincing. It holds people's attention, prevents them from becoming bored, and makes them more likely to take in your message.
3. The right training will enable you to convey the right emotions and intent with your voice for the situation at hand.
4. Speaking well gives you stronger presence and can boost your confidence.

Ways:

1. Breathe properly, from the diaphragm.
2. Find your optimal speaking pitch. Make sure your voice isn't strained, and avoid artificially lowering or raising your overall pitch.
3. Avoid the dreaded monotone - practice with a variety of pitch, phrasing, intensity and tone. Introduce music into your speech by privately singing phrases to develop flow and melody. Try playing with exaggerations of tone, then pulling back. That said, in real speaking situations keep it real - be careful not to come off as over the top or inauthentic.
4. Find the emotional intentions. Pinpoint the actionable verbs that will inform how you use your voice. Inspire, for instance, or teach, or comfort. Repeat the same piece of text with different intentions and see what the effect is. Make dry topics more interesting by focusing on the emotional outcome rather than just the information - introduce contrast, change phrasing, be more intense.

A trained vocal coach can help you improve and optimize your speaking voice - check out John Henny at compellingspeaker.com